

Sexual Terminology

Agender - A person who has no gender or whose gender identity is neutral.

Aromantic - A person who is not romantically attracted to others.

Asexual - A person who is not sexually attracted to others.

Bisexual - A person who is attracted to their own gender and other genders.

Cisgender - A person whose gender identity is the same as the sex they were assigned at birth.

Gay - Someone attracted to the same gender.

Gender Fluid - Someone whose gender identity shifts from day to day.

Intersex - A general term used to describe people who are born with reproductive or sexual anatomy that does not fit the typical definitions of female or male.

Lesbian - A woman who is attracted to other women.

Non-binary - A person whose gender identity is neither a woman or a man. They may feel somewhere in between, a little bit of both, or like no gender at all.

Pansexual - A person who is attracted to people of all genders. Attraction for pansexual people is based mostly on personality.

Queer - Historically used as a negative term for homosexuality and is still often used as a derogatory term against LGBTQ people. Many LGBTQ people and communities have reclaimed the word and use it in a positive way to describe how they are not straight or not cisgender.

Sex - The category someone is assigned at birth based on their genitals.

Straight - Men attracted to women or women attracted to men.

Trans/Transgender - A person whose gender identity is different than the sex they were assigned at birth.

Two-Spirit - This English term is used by some Indigenous peoples to describe gender and sexual diversity. Many Indigenous communities have their own word for this identity in their own language.

